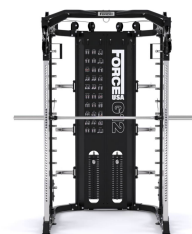
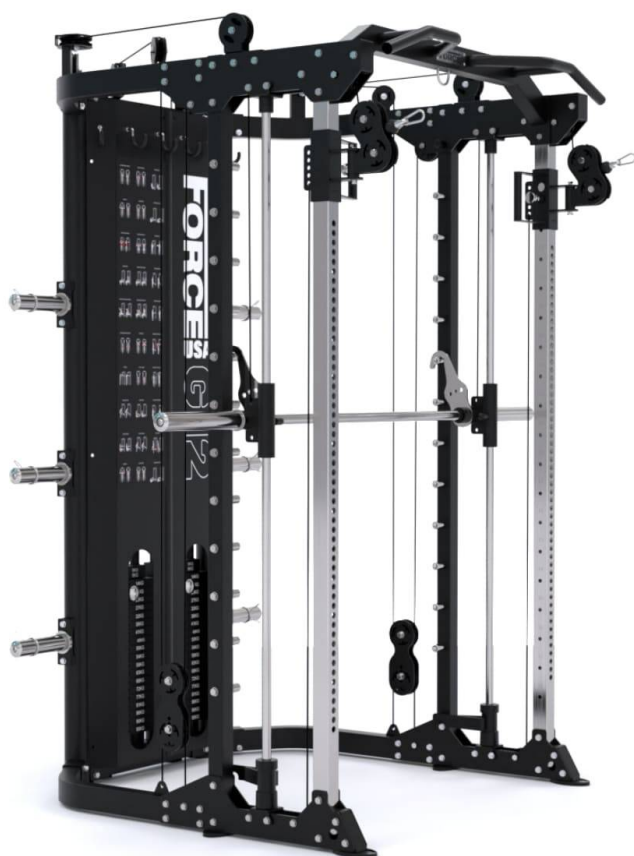


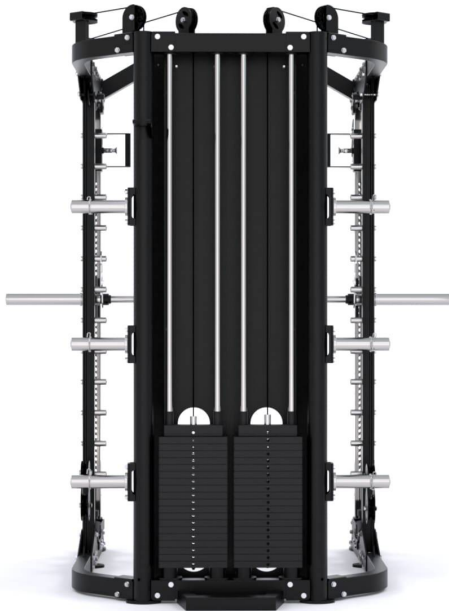
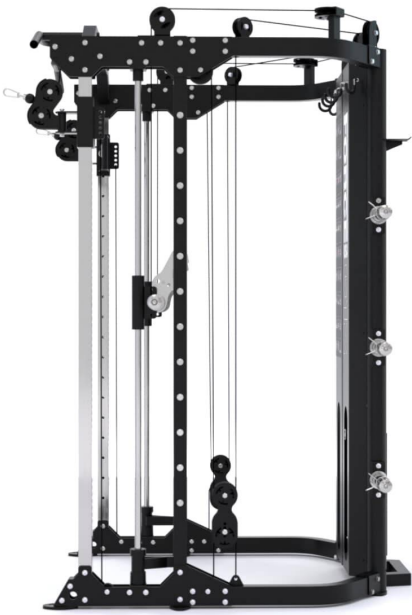


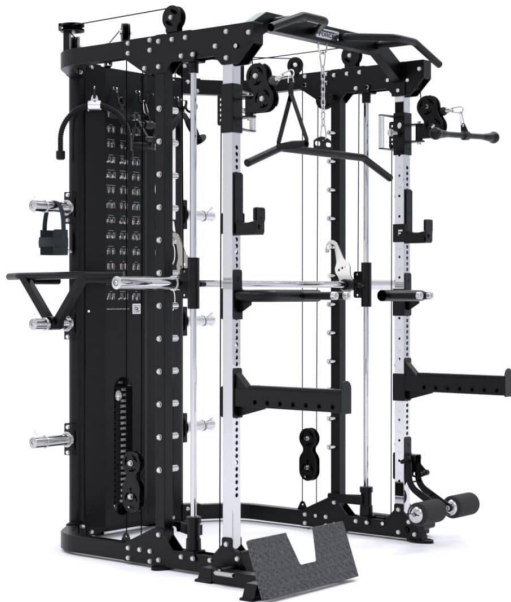
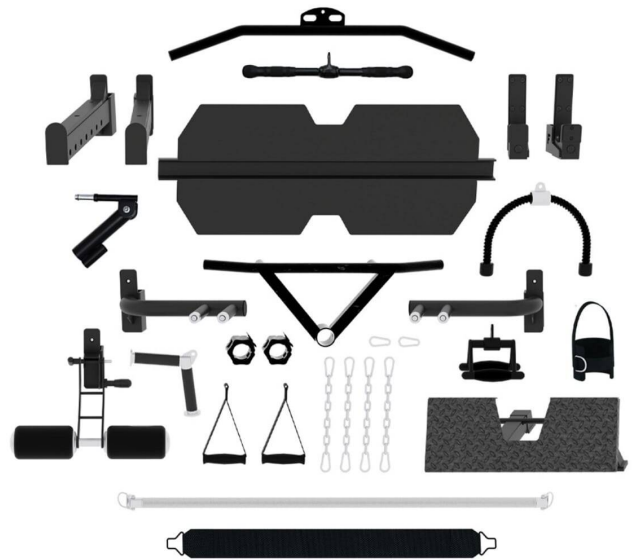
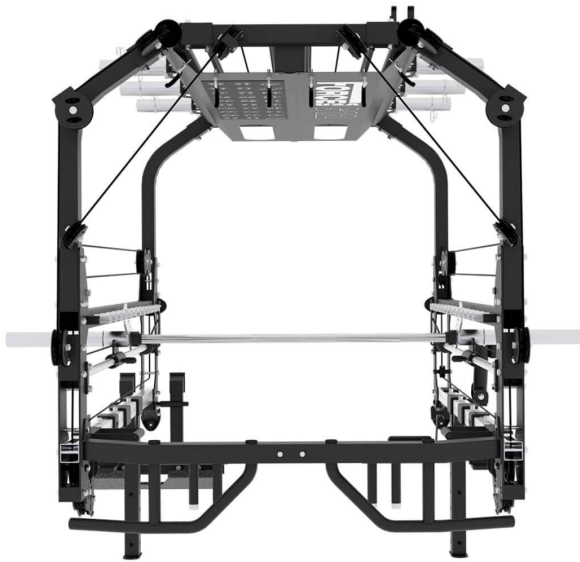
G12™ V2 All-In-One Trainer - Functional Trainer (2 x 100 kg), Smith Machine, Power Rack and Leg Press

SKU: F-G12-V2

Product Images







Short Description

Delivering a truly incredible workout experience, **Force USA's® G12™ All-In-One Trainer** is designed for home or studio users ready to step up their training. Including a **Power Rack, Functional Trainer, Smith Machine, Dip Station, Chin Up Station, Suspension Trainer Hook, and Leg Press**, The **G12 All-In-One Trainer** has you covered, no matter what stage of your fitness journey you are at. Made with heavy-duty high tensile steel and a precision laser cut robotically welded frame, you can go hard every single session knowing the **G12™** has your back.

Description

Why should you buy the G12™ V2 All-In-One Trainer - Functional Trainer (2 x 100 kg), Smith Machine, Power Rack and Leg Press from Force USA®?

WHAT'S NEW WITH THE UPDATED G12?

Updated for 2024, the **G12 All-In-One Trainer** offers enhanced space and convenience. **Featuring:**

- Increased machine depth for enhanced functionality.
- Elevated pull-up bar for extended range of motion.
- Upgraded pins for a commercial-grade feel.
- Multi-grip pull-up bar with knurling.
- Straightened weight horns and weight stack for more convenient storage solution
- Additional adjustments for the leg press plate
- Universal 2"x2" (17mm hole) uprights for compatibility with 2x2 attachments
- Dual 100kg weight stacks - providing 19kg more stack weight.



THE GLOBAL BEST-SELLING ALL-IN-ONE TRAINER

Force USA's G12 model is the global best-seller and original All-In-One trainer. A complete training solution that ticks all the boxes, hit all fundamental training movements to build strength, power, muscle mass and stamina.

Your **G12™ All-In-One Trainer** lets you perform:

- Strength and Split Training
- Bodybuilding and Powerlifting

- High-Intensity Interval Training
- Plyometric and Explosive Training



PERFECT RESISTANCE CONTROL

The **Force USA® G12™ All-In-One Trainer** is equipped with **2x 100 kg (220lb) weight stacks (1:1 ratio)** located at the back of your unit for complete resistance control on over 75 unique exercises.

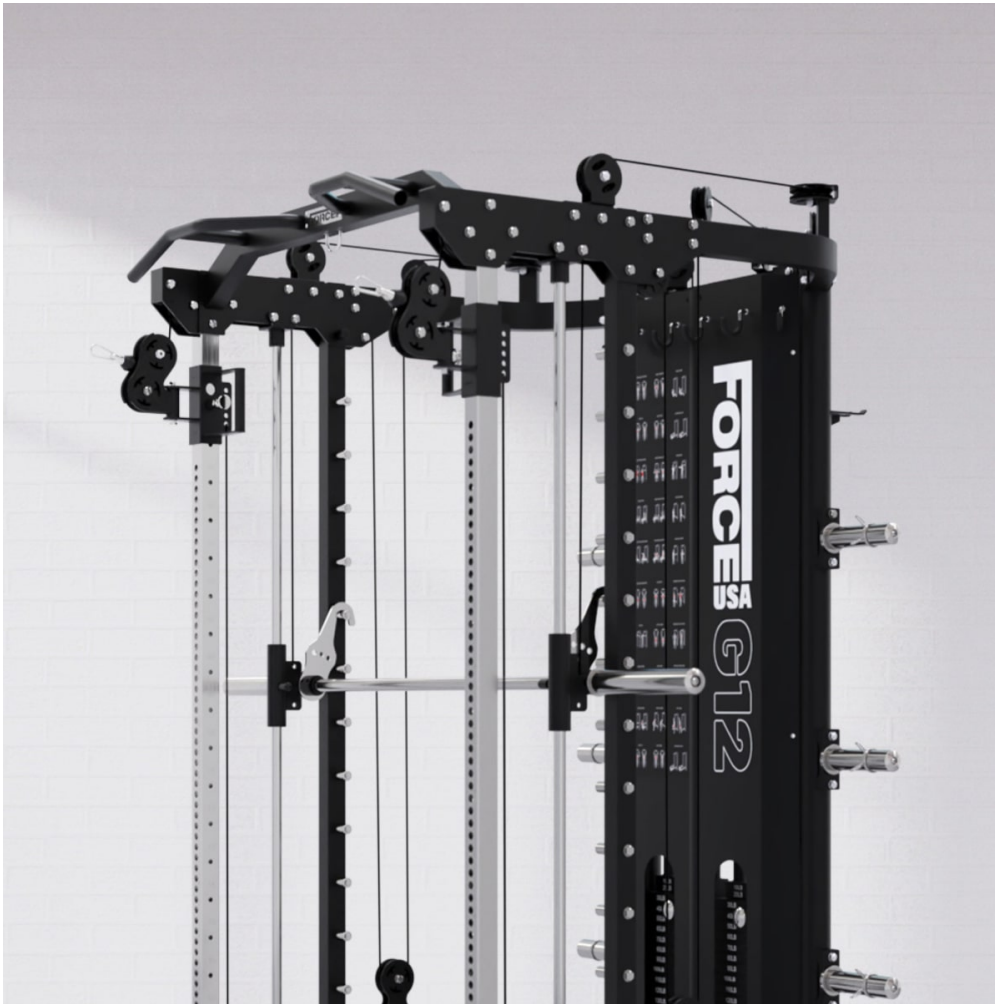
This machine is unbeaten in its ability to target and isolate all areas of the body, including shoulders, arms, chest, back, core and legs.



WORLD-CLASS WEIGHTLESS SMITH MACHINE

Backed by some serious R&D, **Force USA** has delivered a weightless (**counterbalanced**) Smith Bar with the smoothest movement on the market. This allows entry-level users to learn the correct movement of any exercise before they start loading on weight.

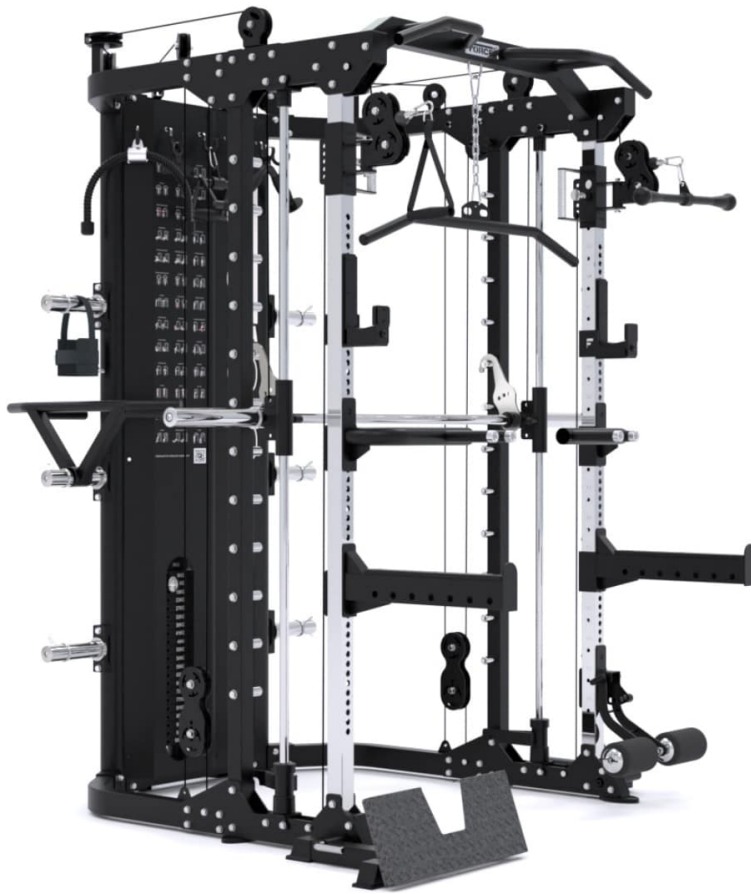
The **G12's™ Smith Bar** also includes state-of-the-art knurling for an unrivaled feel during those heavy squat and deadlift sessions, while easily converting into an awesome Leg Press machine.



MASSIVE 450KG CHIN-UP BAR WEIGHT RATING

Your ergonomically **designed multi-grip Chin-Up and Pull-Up** station comes with a huge **450 kg** weight rating. With an ultra-comfortable knurled grip, you can perform wide-grip, close-grip, underhand, overhand and many other positions to build strength and muscle mass.

You can also hook up your resistance bands to the conveniently placed anchor point to perform your favorite explosive exercises.



UNIVERSAL COMPATIBILITY FOR UNLIMITED POSSIBILITIES

The **G12** introduces a new era of compatibility. With universal 2" x 2" uprights featuring 17mm hole sizing, this design standard guarantees that both existing and future attachments will seamlessly integrate with your machine, offering unparalleled versatility.



BUILT TOUGH WITH SUPERIOR QUALITY MATERIALS

Don't settle for anything less - your **G12™ All-In-One Trainer** was precision built and manufactured using commercial grade materials. With a Lifetime Warranty and 2-year warranty on parts and attachments, **the trainer includes:**

- Precision laser-cut, robotically welded frame
- Heavy gauge structured steel tubing throughout
- Tough PVC and rubber in heavy use areas to increase durability
- Long-lasting clear coating with anti-rust protection
- Eco-friendly premium commercial grade powder coating



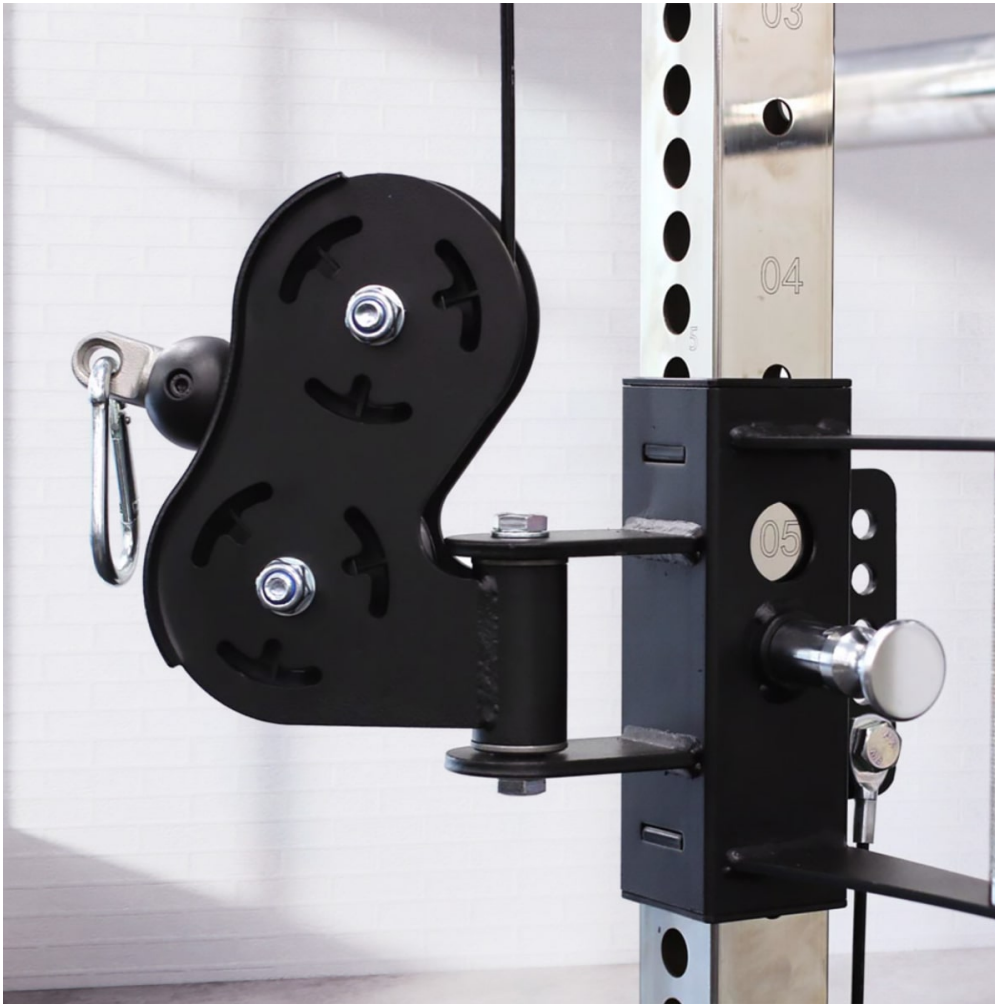
OUTSTANDING BARBELL PROTECTION

The **G12™** has been engineered to handle the heaviest of loads while protecting your barbell with Commercial grade J-Hooks and Safety Spotting Arms with safety locking. Every J-Hook and Safety Spotting arm is covered with a removable nylon barbell protector sleeve to protect your barbell knurling and extend the life of your barbell.



DESIGNED WITH SAFETY IN MIND

Train confidently, knowing every safety mechanism has been carefully designed in the **G12™**. This includes smart safe lock and releases mechanics and high-quality safety catches so you'll never need a spotter on those big squat and bench days.



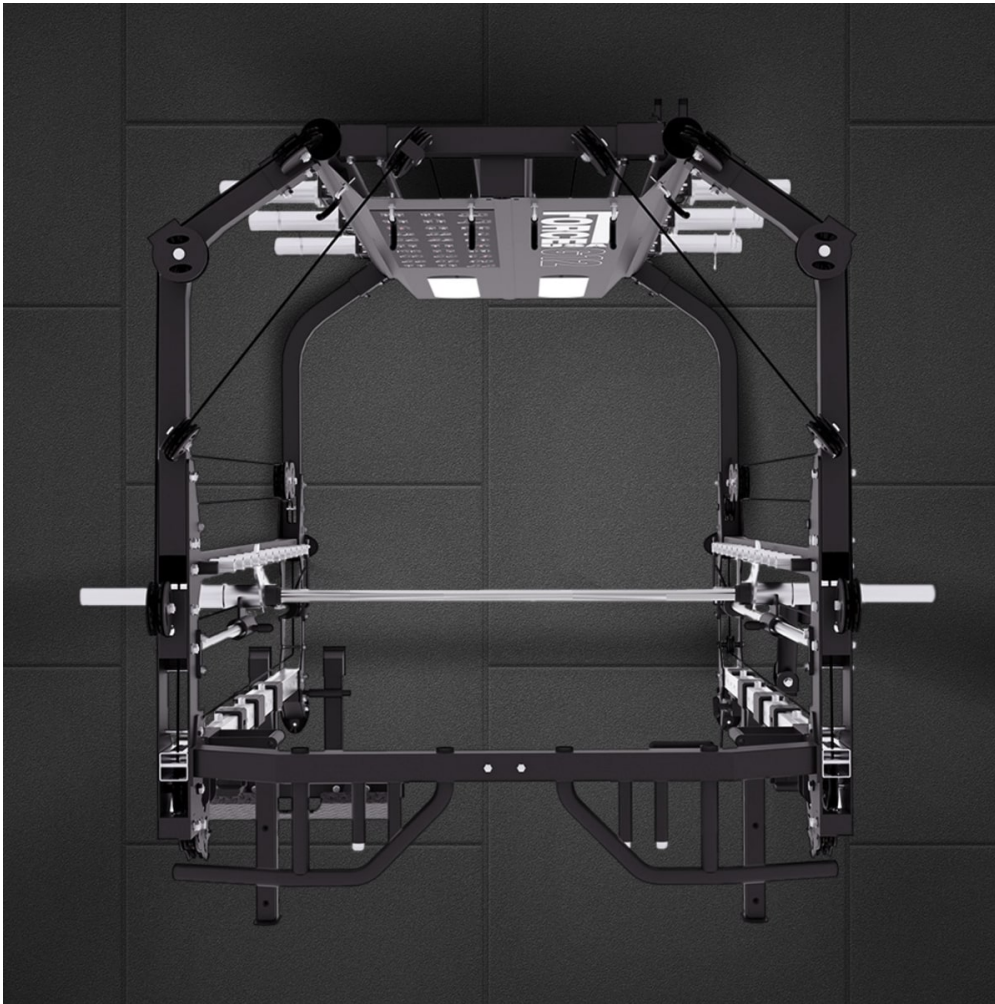
SMOOTH PIN-LOADED CABLES

The quality of the sliders on your **G12™ All-In-One Trainer** are second-to-none, delivering a smooth, reliable and satisfying experience when moving between exercises and positions.



HEAVY-DUTY LOW ROW FOOTPLATE

Change up your workout routine with the low row footplate for your **G12™**. The angled footplate allows for optimum foot positioning and stability during exercises, while the textured tear pattern finish ensures feet are secure, minimising the risk of slipping.



COMPACT DESIGN, EXPANSIVE WORKOUT POTENTIAL

With internal rack dimensions of **101.6cm (W) x 115.57cm (D) x 208.28cm (H)**, the **G12 All-In-One Trainer** is ingeniously designed to offer a spacious workout experience within its compact footprint. Even during expansive movements, such as the incline bench press, you'll find ample space to execute each exercise with precision and comfort, ensuring your training session is both efficient and effective.

WHAT'S INCLUDED?

- Lat Pull Down Bar
- Short Revolving Straight Bar
- Connection Bar - Straight
- Leg Press Foot Plate
- Core Trainer
- Core Trainer Handle
- Tricep Rope
- V-Bar
- Ankle Strap
- Extension Chain x 2
- Carabiner x 2
- Dual Cable Connector
- Olympic Quick Lock Collar x 2
- Close Grip Triangle
- Single Stirrup - Nylon x 2
- Bodyweight Assist Strap
- J-Hooks (Pair)
- Dip Handle (Pair)

- Front Safety (Pair)
- Knee Stabilizer
- Low Row Foot Plate

SPECIFICATIONS

- **Usage:** Commercial
- **Product Weight:** 620 kgs
- **Weight Rating:** 450 kgs
- **Assembled dimensions:** 191cm (W) x 143cm (D) x 224 cm (H)
- **Carton Dimensions:** 228cm (L) x 86cm (W) x 39cm (H)

About Force USA®:

One of the **leading brands** in the distribution and sale of **cardio** and **weight training gym equipment**.

Additional Information

Use	Commercial
Colour	Black
Manufacturer	Force USA
Max Load (kg)	450
Conectividad Apps	Force USA APP