



Selectorisised Abductor/Outer Thigh

SKU: EL-S32

Product Images





Short Description

The **Abductor/Outer Thigh** from the Elite Series is designed for serious training in demanding environments. Tailored for those who value functionality over aesthetics, this machine has been streamlined to provide everything needed in an excellent training experience, prioritizing the essential and offering everything you need in terms of feel, movement, and adjustability.

With a robust design, this **selectorised machine** offers the ability to isolate and strengthen the **hip abductor muscles** efficiently. The high-quality construction, with oval tubes of 50 x 100 mm and a thickness of 3 mm, supports the solidity of the machine. Ideal for users of all levels, it blends a classic style with commercial performance and precise biomechanics for an unparalleled training experience in your **professional gym**.

Description

Why should you buy the Titanium Strength Elite Series Abductor/Outer Thigh?

TECHNICAL SPECIFICATIONS

- **WEIGHT PLATES:** Reinforced version of the weight stack (430 x 100 x 15.5 mm). The decibel level generated during movement is lower than conventional weight plates, and the sound is smooth and not strident. The plate stack labels gradually change from green, yellow, to red, providing users with a direct and clear visual view.
- **GUIDE ROD:** The guide rod is made of 25 x 2.0 mm stainless steel tube, reducing the degree of shaking during plate stack movement and making the motion smoother. In comparison, the conventional guide rod is a 20 x 2.0 mm stainless steel tube.
- **INSTRUCTIONAL PLACARDS:** The training guide diagram is simple and intuitive, showing how to train correctly and which muscle groups are involved.

- **COMPONENTS:** The handle, shaft joint, and weight stack pin are all made of anodized aluminum alloy.
- **CABLE:** Uses 7 x 19 braided, greased, and nylon-coated cable.
- **FRAME DESCRIPTION:** The main tube is 50 x 100 x 2.5 mm, and the secondary tubes are 50 x 75 x 2.5 mm and 50 x 50 x 2.5 mm. Each frame undergoes an electrostatic spraying process, with three layers of coating and two baking processes.

About Titanium Strength:

About Titanium Strength: Leading brand in the **sale** of **equipment** and **machines** for **strength** and **cardio**.

Additional Information

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|--------------------|-------------------|
| Use | Commercial |
| Colour | Black |
| Manufacturer | Titanium Strength |
| Weight (kg) | 179.000000 |
| Width cms. | 61 |
| Height cms. | 155 |
| Large cms. | 152 |
| Body Part | Legs, Glute |
| Total weight stack | 100 |
| Product Line | Elite Series |
| Cable Ratio | 1:1 |