



Iso-Lateral Leverage Wide Pulldown

SKU: EL-PL19

Product Images





Short Description

The **Iso-Lateral Wide Pulldown** from the **Elite Series** has been specifically designed to target the latissimus dorsi muscle, the largest muscle in the back. Its design allows for a smooth and natural movement thanks to its divergent and unilateral motion trajectory. Additionally, it features a comfortable seat and thigh pads that provide stability for users of all sizes, ensuring a pleasant and effective training experience.

Description

Why should you buy the Elite Series Iso-Lateral Wide Pulldown from Titanium Strength?

CORRECTS MUSCULAR IMBALANCES

The unilateral movement of this **professional lever machine** forces each side of the body to independently bear the responsibility of moving the weight. This prevents the dominant side from letting the weaker side lag behind and corrects any muscular imbalances, allowing for symmetrical and balanced results. Furthermore, since the two arms are completely independent of each other, it also opens up the possibility of alternating pulls for greater training versatility.

GUARANTEED SAFETY

The **Titanium Strength Elite Series Iso-Lateral Wide Pulldown** provides a sense of security for both new and experienced users. By having the two arms work together on a fixed plane, there is a feeling that the weight is better controlled for safer and more comfortable movements. This is especially beneficial for muscle growth, as it allows you to exert maximum effort without worrying about balance. Moreover, with this machine, there is no longer a need for a training partner to assist you, providing greater independence and freedom to work your

muscles safely.

QUALITY CONSTRUCTION

This **disc-loaded machine** is characterized by its solid construction, ensuring long-term durability and resistance. The handles and disc holders are made of aluminum alloy, making them resistant to rust and corrosion. Additionally, the frame is built with high-quality steel, providing stability and safety during training sessions.

CUSTOMIZED ADJUSTMENTS

We understand that every person is different with unique needs. That's why both the seat and thigh rollers of this **Professional Iso-Lateral Wide Pulldown** are easily adjustable to accommodate the height and comfort level of each user.

ERGONOMICS AND COMFORT

The ergonomic design of the **Iso-Lateral Wide Pulldown** focuses on providing maximum comfort during back routines. The seat cushion and thigh roller are made of durable and comfortable polyurethane material, providing proper support. Furthermore, the ergonomic seat and thigh pads ensure a correct posture during exercise, minimizing the risk of injuries and maximizing movement efficiency. This allows you to fully focus on the movement and get the most out of each repetition.

INTEGRATED DISC SUPPORTS

The **disc-loaded machine** features convenient stainless steel disc supports built-in. These supports allow for easy storage of the discs, facilitating loading and unloading and eliminating the need for an additional rack. In addition to saving space and money, this feature allows for seamless drop sets.

KEY FEATURES

- **Muscles worked:** latissimus dorsi
- Thigh pads prevent unwanted movements, keeping the user stable during training
- Independent arm movement provides a more balanced strength improvement and offers the option to train one arm at a time or perform concentric and eccentric movements simultaneously on opposing arms
- Divergent movement trajectory provides a natural range of motion, allowing for greater movement range and a more intense lat contraction
- Biomechanically designed to offer a complete range of motion and increased lat contraction
- Can be used with confidence without the need for a training partner

SPECIFICATIONS

- **Use:** Commercial
- Aluminum alloy handles
- Seat cushion made of comfortable and durable polyurethane material
- Height-adjustable seat and thigh pads
- Excellent paint finish on the surface
- Frame utilizes high-quality steel
- Stainless steel disc supports
- Extremely durable and can withstand rigorous training intensity
- Truly maintenance-free equipment, resulting in long-term cost-effectiveness
- **Dimensions:** 180 cm (length) x 110 cm (width) x 215 cm (height)
- **Weight:** 143 kg
- **Maximum load:** 300 kg
- **Compatible with:** 50 mm Olympic discs

About Titanium Strength:

Leading brand in the sale of **equipment** and **machines** for **strength** and **cardio** training.

Additional Information

Use	Commercial, Home, Light Commercial
Colour	Black
Manufacturer	Titanium Strength
Weight (kg)	143.000000
Width cms.	110
Height cms.	215
Large cms.	180
Body Part	Back
Disc diameter (mm)	50
Max Load (kg)	300
Material	Acero Inox
Product Line	Elite Series