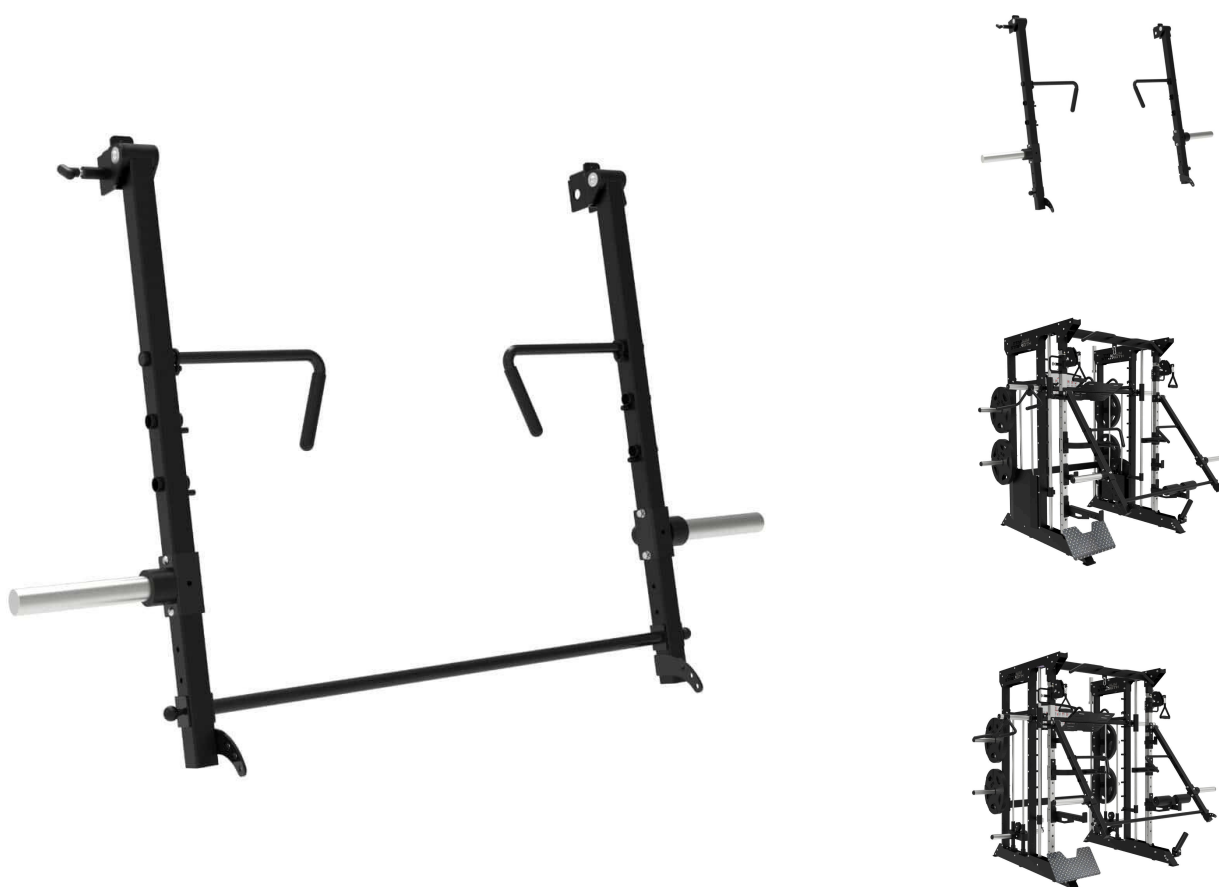




Jammer Arms Accessory for B100 / B200

SKU: JA-B1B2

Product Images



Short Description

Unlock the potential of your [B100](#) or [B200](#) with **Titanium Strength's Jammer Arms**. These versatile lever arms allow you to perform a wide range of pushing exercises, such as bench press and shoulder press, pulling movements like rows and shoulder shrugs, as well as lower body exercises like squats, lunges, and deadlifts.

Moreover, they easily attach for a hassle-free setup! With the option for unilateral or bilateral use, and the versatility of using the straight bar, these Jammer Arms are the key to taking your workouts to the next level.

Description

Why should you buy the Jammer Arms Accessory for B100 / B200 from Titanium Strength?

KEY FEATURES

- Ideal for pushing, pulling, and lower body exercises.
- Can be quickly set up without the need for tools.
- Various adjustment options allow for the correct training position for each exercise.
- Provide enhanced muscle stretch and contraction compared to similar movements with free weights.
- Allow for unilateral or bilateral work.
- For greater versatility, it can be used with a straight bar.

SPECIFICATIONS

- **Dimensions:**
 - **Jammer Arms:** 120 cm (length) x 5 cm (thickness)
 - **Distance between the uprights of the multi-station:** 123 cm
- **Weight:** 19 kg
- **Maximum load:** 200 kg
- **Material and Dimensions of the Main Frame:** 50 mm x 50 mm steel tube
- **Grip Thickness:**
 - **Jammer Arms:** 25 mm
 - **Straight bar:** 30 mm
- **Plate Diameter:** 50 mm
- **Compatible with:** [B100](#) and [B200](#)

About Titanium Strength:

Leading brand in the sale of equipment and machines for strength and cardio training.

Additional Information

Use	Light Commercial
Colour	Black
Manufacturer	Titanium Strength
Weight (kg)	19.000000
Max Load (kg)	200
Disc diameter (mm)	50
Material	Acero Inox