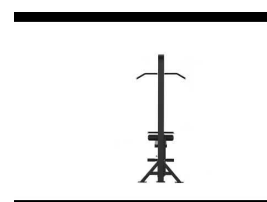




SelectORIZED Lat Pulldown and Seated Row

SKU: EL-S6

Product Images



Short Description

The **Titanium Strength Elite Series Lat Pulldown and Seated Row** is a versatile machine that allows you to exercise the entire back and posterior deltoids with two function keys: **lat pulldowns** and **seated rows**. Stability is paramount to ensure a safe and effective workout. That's why we have equipped this machine with easily adjustable footrests and thigh pads, ensuring that users feel comfortable and stable while reaching their maximum

performance.

Description

Why should you buy the Titanium Strength Elite Series Lat Pulldown and Seated Row?

With a classic and impeccable appearance, the **Elite Series** offers iron equipment designed for the most intense workouts, making it a smart choice for those seeking the perfect combination of quality, versatility, and excellent performance without compromising the budget.

TECHNICAL SPECIFICATIONS

PLATES: Reinforced version of the weight stack (430 x 100 x 15.5 mm), the level of decibels generated during movement is lower than that of conventional plates, and the sound is smooth and not strident. The labels on the weight stack change gradually from green, yellow, and red, providing users with a direct and clear visual view.

GUIDE ROD: The guide rod is made of 25 x 2.0 mm stainless steel tube, which reduces agitation during movement of the weight stack and makes the motion smoother. In comparison, the conventional guide rod is made of 20 x 2.0 mm stainless steel tube.

INSTRUCTION GUIDE: The training guide diagram is simple and intuitive, showing how to train correctly and which muscle groups are involved. The rotation axis marked with a red indicator guides the user to train in a correct position.

COMPONENTS: The handle, shaft joint, and weight stack pin are all made of anodized aluminum alloy.

CABLE: Uses 7 x 19 braided cable, greased and coated with nylon.

FRAME DESCRIPTION: The main tube is 50 x 100 x 2.5 mm, and the secondary tubes are 50 x 75 x 2.5 mm and 50 x 50 x 2.5 mm. Each frame undergoes an electrostatic spraying process, with three layers of coating and two baking processes.

SPECIFICATIONS

- **Use:** Commercial
- **Included accessories:**
 - 1 Long bar for Lat Pulldown
 - 1 Short bar for Seated Row
- **Weight Stack:** 100 kg
- **Cable Ratio:**
 - Lat Pulldown: 1:1
 - Seated Row: 2:1
- **Adjustments:** 6 positions for thigh pad
- **Dimensions:** 152 cm (Length) x 82 cm (Width) x 215 cm (Height)
- **Weight:** 194 kg

About Titanium Strength:

Leading brand in the sale of equipment and machines for strength and cardio training.

Additional Information

Use	Commercial
Colour	Black
Manufacturer	Titanium Strength
Weight (kg)	194.000000
Width cms.	82
Height cms.	215
Large cms.	152
Body Part	Back
Total weight stack	100
Product Line	Elite Series
Cable Ratio	2:1