



# SelectORIZED Dual Leg Extension and Lying Leg Curl

SKU: BS-S1

**Product Images**





## Short Description

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Help your users strengthen their knees, hamstrings and quadriceps with the **Titanium Strength Black Series Leg Extension and Lying Leg Extension**. Designed with user comfort in mind, our machine features adjustable rollers that offer stable and comfortable support for both the thigh and tibia, providing a safe and effective exercise experience. Additionally, the two sets of handles allow you to maintain a solid grip during both exercises. With conveniently located and clearly marked adjustment points, our selectorized machine ensures intuitive use and a seamless transition between exercises.

## Description

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### Why should you buy the Selectorized Dual Leg Extension and Lying Leg Curl from Titanium Strength?

The **Titanium Strength Black Series Leg Extension and Lying Leg Curl** has been specially designed to effectively train the quadriceps and hamstring muscles. This machine is the perfect choice for professional gyms who want to offer their clients a quality and complete strength training experience.

We are talking about a selectorized machine that **combines two essential exercises in a single piece of equipment**, making it an efficient and convenient solution to work the key muscle groups of the legs:

- On one hand, **the leg extension exercise** allows you to work the quadriceps in isolation, strengthening and toning the front thigh muscles. Thanks to the smooth and precise load settings, users can easily adjust the resistance to suit their individual strength level and ability.
- On the other hand, **the lying hamstring exercise** targets the hamstring muscles, providing an effective workout for the back of the legs. The machine's ergonomic design and comfortable padding allow full range of motion and minimize joint stress, preventing potential injury.

#### MAIN FEATURES

- Adjustable starting position to accommodate users of all sizes and provide stability and comfort.
- The two handles help provide a solid grip and help maintain stability for the user.
- Its biomechanics have been designed to focus and isolate the quadriceps and hamstrings as much as possible and achieve optimal results.
- Sleek black upholstery and frame fit into any gym setting.
- Dual-function design offers more functionality in less space.

#### SPECIFICATIONS

- **Use:** Commercial
- **Weight stack:** 100 kg
- **Settings:**
  - 2 starting positions for leg extension and leg curl
  - 5 backrest positions
- **Dimensions:** 166 cm x 105 cm x 152 cm
- **Weight:** 250 kg

#### About Titanium Strength:

**Leading brand** in the sale of **equipment** and **machines** for **strength** and **cardio** training.

## Additional Information

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Use	Commercial
Colour	Black
Manufacturer	Titanium Strength
Weight (kg)	250.000000
Width cms.	105
Height cms.	152
Large cms.	166
Body Part	Legs
Total weight stack	100
Product Line	Black Series
Cable Ratio	1:1