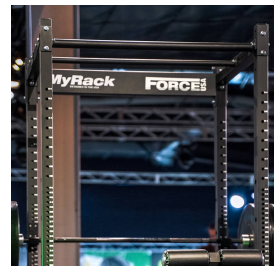




MyRack Chin up Option 1

SKU: F-MR-CHIN01

Product Images





Short Description

The **Chin Up Option 1 Monkey Bar Attachment** is the most simplistic of the **Force USA® MyRack pull up bar attachments**. It comes in a set of two and includes a standard grip (32mm) and a fat grip (50mm) monkey bar. Position the chin-up bars at any precision laser cut holes in the top crossbars. The bar is bolted flush to the support brackets, so there is no movement and with a solid fixture it can take up to **400 kg** in weight.

Description

Why should you buy the MyRack Chin Up Option 1 from Force USA®?

MONKEY BAR CHIN UP EXERCISES

Complete a range of chin-up variations, including:

- Chin-ups
- Pull-ups
- Wide Grip Chin-ups
- Neutral/Parallel-Grip Chin-ups
- Reverse-Grip Pull-up
- Perfect for kipping
- Fat grip pull up variations

Attachment is for the **Force USA® MyRack** ONLY

SPECIFICATIONS

- **Usage:** Light Commercial

- **Weight Rating:** 400 kg
- **Grip Diameter:**
 - **Bar 1:** 32mm
 - **Bar 2:** 50mm
- **Hole Diameter:** 15 mm
- **Tubing (Upright) Size:** 60 mm * 60 mm

About Force USA®:

One of the **leading brands** in the distribution and sale of **cardio** and **weight training gym equipment**.

Additional Information

Use	Light Commercial
Colour	Black
Manufacturer	Force USA
Large cms.	0