



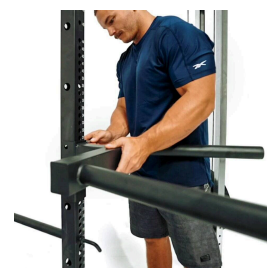
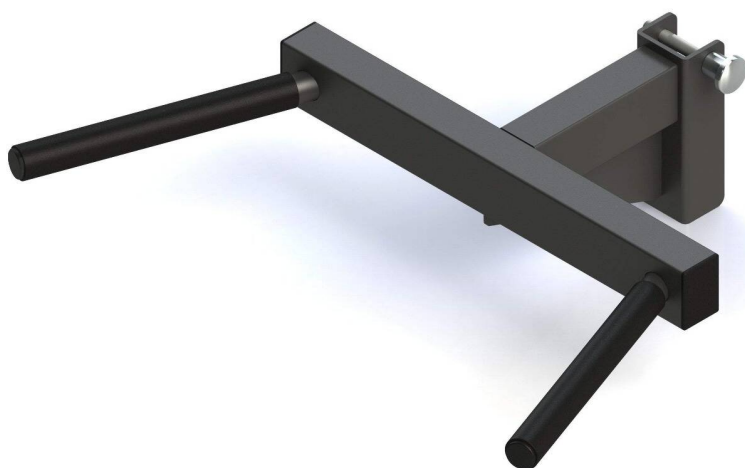
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# MyRack Dip Handle Attachment

SKU: F-MR-DIP

## Product Images

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## Short Description

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The **Force USA® MyRack Dip Station attachment** helps build bigger and stronger triceps while targeting the chest, shoulders, and back. The convenient V-handle design allows varying grip widths, ranging from narrow to wide, so you can isolate specific muscles and maximise each session. The **Force USA® MyRack Dip Station** offers superior stability, heavy-duty construction and quick and easy adjustments.

## Description

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### Why should you buy MyRack Dip Handle Attachment from Force USA®?

#### DIP INTO VARIETY

Attach anywhere on the uprights and adjust the height of the dip station to suit you perfectly. With one fixing point, it's simple and easy to attach and detach the station. The tapered handles are 4.4cm in diameter, allowing for a comfortable grip for both wide and narrow dips.

The handle width tapers from 73 cm at the opening to 56.5 at the front end, measured centre to centre on the handle.

Attachment is compatible with the **Force USA® MyRack** and **MyRack SpaceSaver** ONLY

#### SPECIFICATIONS

- **Usage:** Light Commercial
- **Weight Rating:** 400 kg (static tested)
- **Pin Diameter:** 15 mm
- **Upright Size:** 60 mm

#### About Force USA®:

One of the **leading brands** in the distribution and sale of **cardio** and **weight training gym equipment**.

## Additional Information

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Use	Light Commercial
Colour	Black
Manufacturer	Force USA
Large cms.	0