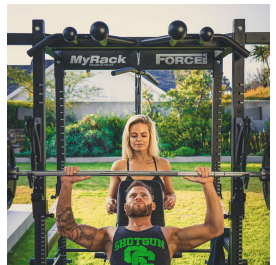




MyRack Chin Up Option 2

SKU: F-MR-CHIN02

Product Images



Short Description

The **Chin Up Option 2 Globe Grip Attachment** is excellent for overall grip strength and muscular development. The **Force USA® MyRack Chin Up Option 2** has four different types of handle options, including an 8cm small globe set, 10cm large globe set, fat bar and standard diameter bar. Grasping onto these powder-coated metallic spheres for pull-ups or flexed arm hangs will give you the ultimate forearm and grip workout. The bar is bolted flush to the support brackets, so there is no movement and with a solid fixture it can take up to **400 kg** in weight.

Description

Why should you buy the MyRack Chin Up Option 2 from Force USA®?

GLOBE MULTI-GRIP CHIN UP EXERCISES

Complete a range of chin-up variations, including:

- Chin-ups
- Wide Grip pull-ups
- Wide Grip chin-ups
- Hammer grip pull-ups
- Narrow hammer grip pull-ups
- Narrow semi-supinated pull-ups
- Narrow semi-pronated pull-ups
- Neutral/Parallel-Grip chin-ups
- Globe grip pull-ups (8cm, 10cm and mixed)
- Fat grip pull up variations

Attachment is for the **Force USA® MyRack** ONLY

SPECIFICATIONS

- **Usage:** Light Commercial
- **Weight Rating:** 400 kg
- **Grip Bar Diameter:**
 - **Bar 1:** 32mm
 - **Bar 2:** 50mm
- **Tubing (Upright) Size:** 60 mm x 60 mm
- **Hole Diameter:** 15 mm
- **Grip Globe Diameter:**
 - **Globe 1:** 80mm
 - **Globe 2:** 100mm

About Force USA®:

One of the **leading brands** in the distribution and sale of **cardio** and **weight training gym equipment**.

Additional Information

Use	Light Commercial
Colour	Black
Manufacturer	Force USA
Large cms.	0